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Piano Mastery

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Piano Mastery

In this session, we will be working with your subconscious to enable you to master the piano. By listening to this session, your powerful mind will be guided to transform you from an amateur pianist to an accomplished pianist. So, let us begin ...

Ask yourself this question. What happens when you have mastered the art of playing the piano? You will find the creativity in you making you a virtuoso musician. As you firm up this visualization in your mind, this session will help you to guide your powerful subconscious to learn the piano and master its intricacies

[INDUCTION SESSION BEGINS]

...

[INDUCTION SESSION ENDS]

>>PAUSE HERE – 5 seconds. <<

As you keep your eyes closed ... you allow bringing to mind the point of time in your life ... when you have mastered the piano in a very short time ... the white notes and the black keys on the piano keyboard resonate perfectly under your control ... as your fingers nimbly play them ... the natural notes that the individual keys play are now etched in your memory ... the tonal range of the instrument is fully understood by you ... you are now an expert at sensitive pedalling ... which helps you to achieve harmonious singing tones and move smoothly through legato passages ... you are perfectly at ease with grand pianos and upright pianos and concert grand pianos ... your repertoire spans different styles and time periods of music ... from the baroque to the classical to the romantic ... from the impressionistic to the jazz to the post-modern ... you are now a full-fledged pianist ... wowing your audience with your melodious play on this beautiful instrument ... you allow yourself to visualize this point of time ... that has already arrived ... you have mastered the piano ... and are now an accomplished musician ...

>>PAUSE HERE – 5 seconds. <<

And with these thoughts in mind ... you allow yourself to relax ... relax ... relax ... let go of all other thoughts and concerns ... and allow yourself to evolve to a different image ... that will help you realize your desires ...

>>PAUSE HERE – 5 seconds. <<

As you keep your eyes closed ... you find yourself bringing to your mind a serene place that you are walking in ... a very calm and serene place ... all around you is tranquility ... there is such quietness and serenity ... you realize that this place holds the key to help you master the piano ...

>>PAUSE HERE – 5 seconds. <<

As you walk further ahead ... you come to a clearing on the ground ... a clean place with a breeze that soothes your skin and relaxes you ... the place appears so inviting ... and you allow yourself to accept the invitation ... and sit on the rock in the center ...

>>PAUSE HERE – 5 seconds. <<

As you sit on the rock ... and begin to breathe calmly ... slowly ... you feel a beam of light on your head ... and soon ... your entire body is awash with this beautiful beam of white light ... it is diffused and soothing ... there are powerful messages in it that come to you softly and gently ... and you allow your subconscious to tune into the messages ... by doing so ... you are tuning out all other irrelevant thoughts ... and simply shifting your attention to what is being conveyed to you ... by the beam of light ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the first message that comes to you ... is a suggestion to your subconscious ... that you now allow yourself to repeat silently in your mind after me ...

>>PAUSE HERE – 5 seconds. <<

“There is an abundance of creativity in me”

>> PAUSE HERE – 2 seconds. <<

“There is an abundance of creativity in me”

>> PAUSE HERE – 2 seconds. <<

“There is an abundance of creativity in me”

>> PAUSE HERE – 2 seconds. <<

Very slowly ... very slowly ... you continue to utter this suggestion ... for you understand that your subconscious is soaking in this suggestion and bringing it into reality ... your reality is to be in touch at all times ... with the spring of creativity that flows in you ... and you continue to repeat this suggestion silently in your mind ... until my next suggestion to you ...

>>PAUSE HERE – 15 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is in the form of a deep motivation in you ... to learn the piano ... you realize that piano is the passion of your life ... images of the piano float before you whenever you are free ... notes of every one of the eighty eight keys ring in your ears ... the moment you think of the piano ... you have come to grips with the octave and the C major ... you find your ears are now fully in sync ... with the subtle melodic and harmonic variations ... that the white and black keys of the piano keyboard produce ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is about the continuous practice that you undergo ... to increase your mastery over the instrument ... your passion and determination to learn the instrument ... now drives you ... to expend your best efforts ... the end goal of becoming a virtuoso pianist ... motivates to practice ... practice and further practice ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is about the understanding that you now have ... on the repetition of the notes in the octave that the keyboard produces ... the scale degree of the notes in relation to the tonic ... is now well understood by you ... you allow yourself to visualize the linking that you are now able to make ... between the notations of music on lead sheets ... and the location of the notes on the keyboard of the piano ... as your eyes and the brain coordinate with the fingers ... to transform what you see on the score sheets ... into the precise key that has to be pressed ... as your fingers and the brain coordinate with the feet ... to pedal and produce legatos and to enrich the tone being produced ... exactly where it is needed in the passages ... you feel the exhilaration of doing well at reproducing the great music that the composer had envisioned ... and be able to complete it from start to finish ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is about the specialization that you have achieved ... in different styles and periods of music available for the piano ... the wide variety of repertoire and styles ... from the baroque to the classical to the romantic ... from the impressionistic to the jazz to the post-modern ... are open to you to build your expertise in ... as you practice through them ... understanding and appreciating the intricate complexities of music ... the melodic and harmonic variations that each passage produces on the piano ... under your control ... are melodious to the ears ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is about the roles that you visualize yourself playing as a pianist ... ranging from solo instrumentalist ... to accompanist ... from piano trio ... to piano quintet ... or as part of any musical ensemble ... you visualize yourself now as a virtuoso performer ... a much sought-after musician ... whose mastery of the piano is now widely acclaimed ... as you now enthrall and wow audiences in performance after performance ...

>>PAUSE HERE – 5 seconds. <<

As the soft beam of white light falls on your head and body ... you feel messages coming to you in a steady stream ... the next message that comes to you ... is about the deep confidence in self that wells in you ... of handling the instrument perfectly ... the total control with which the white and black keys now function under you ... the absolute ease with which you generate legatos with the help of the pedal ... makes you supremely confident of yourself ... as you visualize the audience around you applauding and demanding an encore ... you know that you have now arrived ... you have made a mark as an accomplished pianist ...

>>PAUSE HERE – 5 seconds. <<

You allow yourself to relax ... relax ... relax ... as you find yourself playing as a solo instrumentalist ... as a part of an orchestra or ensemble ... or as accompanying singers ... you are now an expert in playing the piano ... relax ... relax ... relax ...

>>PAUSE HERE – 5 seconds. <<

With your eyes closed ... you see yourself standing up from the rock that you were sitting on ... preparing to leave this place ... there is a quiet joy in you ... you feel a deep calm inside you ... you are the master of your life ... you are the master of your being ... and you know that you are returning to this place ... again and again ... to learn more about yourself ... to understand more about yourself ...

>>PAUSE HERE – 5 seconds. <<

And you now take leave from this place ... you have achieved your desire ... of becoming an expert pianist ...

[BRING UP]

The End